

# About Us

The FTCC Collegiate Recovery Program (CRP) is a supportive community designed to help students maintain wellness and balance while navigating college life. We provide a relaxing space, peer support, and engaging activities that promote personal growth, mental well-being, and academic success. Through weekly programming, outreach, and resources, we empower students to thrive in all aspects of their journey.

## Meet Our Team

Ayanna Washington  
Peer Support Specialist  
crp@faytechcc.edu



DuJuan Watson  
Peer Support Aide  
crp@faytechcc.edu



Nigel Vincent  
Peer Support Aide  
crp@faytechcc.edu

## Peer Support

Our Peer Support program connects students with trained peers who provide encouragement, guidance, and a judgment-free space to share experiences. Whether you need someone to talk to, help setting goals, or support in navigating challenges, our peer supporters are here to uplift and empower you on your journey to success.

# Get In Touch!

910.486.7415  
crp@faytechcc.edu  
<https://www.faytechcc.edu/collegiate-recovery-program/>  
2201 Hull Rd, Fayetteville, NC 28303  
Horace Sisk Room 630

# Collegiate Recovery Program



# Our Services



The Collegiate Recovery Program is dedicated to supporting whole-person wellness through recovery services, peer support, and a welcoming environment of acceptance and growth. We encourage you to take full advantage of our resources and community as you continue your journey.

## Daily Activities

Our daily programs promote personal growth and well-being. Students can engage in journaling, creative arts, music, meditation, and group discussions that encourage mindfulness and self-reflection. These activities support healthy habits and lasting resilience.

## Special Events

In addition to daily programming, we offer seminars, workshops, and conferences focused on wellness and personal development. These events foster deeper learning, meaningful connections, and long-term growth in a supportive community.

## Support Services

Peer Support Aides connect with students to assess needs and introduce CRP resources. Through group sessions or one-on-one support with a Peer Support Specialist or On-Site Wellness Counselor, we provide guidance, encouragement, and a safe space for growth.

## S.M.A.R.T.

Smart Management And Recovery Treatment is more than an acronym—it's a transformative approach to growth and recovery. It helps individuals break free from harmful habits, build resilience, and embrace positive change.

# Lounge Amenities

Students must be enrolled to access Lounge Amenities



**Coffee Café,  
Art/Reading/PS5  
and Game Stations,  
Comfy Chairs,  
Computer Lab**



Collegiate Recovery Lounge  
Horace Sisk Room 630  
M-Th 9am-5pm  
Fri 10am-5pm