

COVID Protocol for Fitness Center use

I understand that in order to utilize the Fayetteville Technical Community College (FTCC) Fitness Center, I will need to abide by the following rules.

Initial each line as you read them then sign at the bottom:

_____ I will adhere to current mandates and guidelines by wearing a mask at all times in the Fitness Center.

_____ I will socially distance myself according to current mandates/guidelines while in the Fitness Center.

_____ I will clean equipment I use after completion of exercise with the provided anti-bacterial wipes/Spray.

_____ I will submit to a temperature check prior to entry of the Fitness Center work out area.

_____ I will refrain from using the Fitness Center if I exhibit COVID symptoms such as, but not limited to:

- Fever or Chills
- Shortness of Breath or breathing difficulties
- Muscle/Body Aches
- Loss of Taste/Smell
- Congestion/Runny Nose
- Diarrhea
- Cough
- Irregular Fatigue
- Headache
- Sore Throat
- Nausea/Vomiting

I understand these rules are subject to change by order of the Governor of NC and current guidelines and recommendations.

I understand that by not following these rules/guidelines, I will be asked to leave the Fitness Center and may forfeit my rights to further use of this facility.

Print your name: _____

Date: _____

Signature: _____