In partnership with the American Council on Education and the Council for Adult & Experiential Learning, FTCC has created a series of degree plans that maximize your military experience and shorten the time required to earn an associate degree.

**Branch + Occupational Specialty + Military Training = College Credits Already Earned**

Based on your branch of service, occupational specialty, and your skill level, it is possible that you have earned up to 48 college credits that can be applied to an associate degree.

**PROGRAM CONTACT:**

FTCC Military Programs  
military@faytechcc.edu  
910-678-8578
The Health and Wellness Management Certificate is a perfect fit for our military service members. This certificate recognizes the value of your military training and learning and your dedication to physical fitness and wellness.

**Courses**
- HEA 110  Personal Health/Wellness
- PED 110  Fit & Well for Life
- PSY 118  Interpersonal Psychology, or
  - PSY 150-General Psychology
- BUS 137  Principles of Management
- HEA 112  CPR & First Aid

**Total Credits Required = 13**

**Credit for Military Training**
All military service members will receive credit for PED 110 (2 credits) and HEA 112 (2 credits). Additional earned credits are possible if you have completed certain military professional development and leadership schools. At least 4 credit hours must be completed at FTCC to apply your earned credits.

**Outcome**
Upon completion of the Health & Wellness Management Certificate, you will have the skills needed to provide others the guidance and strength to lead a healthy lifestyle, which are key skills for military leaders.