

Awards

Associate Degree: Polysomnography (A45670)
Length of Program: 5 Semesters
Prerequisite: High School Diploma/GED, 1 Unit of Biology, ENG-025, MAT-025 or Placement Test Equivalent

Diploma: NA
Length of Program:
Prerequisite:

Certificate: NA
Length of Program:
Prerequisite:

Program Information Contact

Department Chairperson

Dorothy Covey-Elleby
 (910) 486-3685

Health Technologies Center, Room 201-G
 coveyeld@faytechcc.edu
 www.faytechcc.edu

License or Certification Information:

Students may be eligible to apply to take the examination offered by the Board of Registered Polysomnographic Technologists.

Students with a felony conviction may have limited certification and employment opportunities.

Programmatic Accreditation:

Pending

Other Important Information

Application Deadlines: The program is designed for a student to enter during the fall semester. A student may enter at other times with approval of the Department Chairperson. Students should apply by January 30th. Specific health program admission requirements must be met before a student is eligible for admission.

Scholarship/Title IV Financial Aid/VA Services: Scholarships/Title IV Financial Aid/Veteran's assistance may be available for associate degrees. Certificates and diplomas that fall under this program/area of study may or may not be eligible for Scholarship/Title IV Financial Aid/VA Services. Please contact the Financial Aid Office, Student Center, Room 2; Telephone (910) 678-8242. Veterans Services, General Classroom Building, Room 202, (910) 678-8580.



FTCC

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POLYSOMNOGRAPHY



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*Fayetteville Technical
 Community College*

910-678-8400
 P.O. Box 35236 • 2201 Hull Road
 Fayetteville, NC 28303

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PROGRAM FACT SHEET POLYSOMNOGRAPHY (A45670)



The Polysomnography curriculum prepares individuals, working in conjunction with a physician, to perform and interpret sleep studies and to provide comprehensive clinical evaluations that are required for the diagnosis of sleep related disorders.

Students should acquire the knowledge and skills necessary to perform sleep studies, including recording and interpreting events observed during sleep. Treatment of sleep related disorders and patient education focused on healthy sleep habits will also be discussed.

Graduates of accredited programs may be eligible to apply to take the examination offered by the Board of Registered Polysomnographic Technologists. Employment opportunities may be found in hospitals and freestanding sleep centers.



FAYETTEVILLE TECHNICAL COMMUNITY COLLEGE POLYSOMNOGRAPHY (A45670) Effective: Fall 2025 Revised: 03/14/25

Length: 5 Semesters

Prerequisite: High School Diploma/GED, 1 Unit of Biology, ENG-025, MAT-025 or Placement Test Equivalent

Award: Associate in Applied Science

SEMESTER 1

Prefix	No.	Title	Class	Lab	Clinical	Credit
ACA	120	Career Assessment	1	0	0	1
or						
ACA	122	College Transfer Success	0	2	0	1
BIO	163	Basic Anat & Physiology	4	2	0	5
MED	120	Survey of Med Terminology	2	0	0	2
PSG	110	Intro to Polysomnography	3	2	0	4
PSG	112	PSG Fundamentals	3	0	0	3
Totals			12	4	0	15

SEMESTER 2

Prefix	No.	Title	Class	Lab	Clinical	Credit
CIS	110	Introduction to Computers	2	2	0	3
or						
CIS	113	Computer Basics	0	2	0	1
COM	120	Intro to Interpersonal Com	3	0	0	3
or						
COM	231	Public Speaking	3	0	0	3
MAT	143	Quantitative Literacy	2	2	0	3
PSG	111	Neuro/Cardiopul ASP	4	0	0	4
PSG	113	PSG Instrumentation	2	2	0	3
Totals			11	6	0	14

SEMESTER 3

Prefix	No.	Title	Class	Lab	Clinical	Credit
ENG	111	Writing and Inquiry	3	0	0	3
PSG	114	PSG Clinical Education I	0	0	9	3
PSG	212	Infant/Pediatric PSG	3	2	0	4
Totals			6	2	9	10

SEMESTER 4

Prefix	No.	Title	Class	Lab	Clinical	Credit
MED	118	Medical Law and Ethics	2	0	0	2
PSG	210	Polysomnography I	3	2	9	7
PSG	214	PSG Clinical Apps I	0	2	0	1
PSY	150	General Psychology	3	0	0	3
Totals			8	4	9	13

SEMESTER 5

Prefix	No.	Title	Class	Lab	Clinical	Credit
PSG	211	Polysomnography II	2	6	9	7
PSG	213	Case Study/Exam Review	0	3	0	1
PSG	215	PSG Clinical Apps II	0	2	0	1
		Hum/Fine Arts Elective	3	0	0	3
Totals			5	11	9	12

TOTAL REQUIRED CREDITS.... 64

Work-Based Learning Option: NA

Students with a felony conviction may have limited licensure and employment opportunities.

***Note:** Students **may not** take an introductory foreign language to fulfill the Humanities/Fine Arts requirement.

